

RED SALAD WITH RED WINE VINAIGRETTE AND POPPY SEED TUILES

Salad

Clean and prepare all vegetables and place in the fridge.

2 red-leaf lettuce heads, torn ½ small red cabbage head, shredded 300 g cherry tomatoes, halved 2 red sweet peppers, julienned 5 small radishes, sliced using a mandolin 600 g watermelon, cubed 200 g red grapes, halved 200 g strawberries, trimmed and halved

Red wine vinaigrette

Whisk together vinegar, salt, pepper and honey. Slowly add olive oil while continuing to whisk. Keep it in a jar in the fridge.

80 ml red wine vinegar salt and pepper to taste 30 ml honey 200 ml olive oil

Poppy seed tuiles

Preheat the oven to 180°C. Mix flour, butter, egg white and Parmesan to form a soft but firm dough. Spread it thinly on a silicone baking sheet, sprinkle poppy seeds on top and bake for about 3 minutes. Leave to cool and break into pieces.

20 g flour 32 g butter egg white of 1 egg 80 g Parmesan, microplaned 15 ml poppy seeds

To serve

Assemble the salad ingredients in a large salad bowl, dress with vinaigrette and garnish with poppy seed tuiles.

Serves 6-8